

FROM THEN TO NOW

REFLECTING ON YOUR PROGRESS



Think about the time before you were prescribed BIMZELX® (bimekizumab-bkzx). This is your time to reflect on your experiences and capture your thoughts as you start treatment.

- The first symptom I ever noticed was: _____
- It took _____ months/years before I was officially diagnosed
(circle one)
- When I was first diagnosed, I felt: _____

- Some ways I tried to cope with my symptoms: _____

- Today, I am feeling: _____
- One thing I am hopeful for with my new treatment is: _____

